



Step therapy — Premium

Utilization management updates - January 1, 2021

Most medical conditions have many medication options. Although their clinical effectiveness may be the same, the cost can be very different. The Step Therapy program gives you the treatment you need, usually at a lower cost.

Here's how it works:

With this program, you must try a Step 1 medication first, before a Step 2 medication may be covered. When you bring a prescription to your pharmacy, our system will check the medication for step therapy requirements. If your old pharmacy claims show you have tried a Step 1 medication in the recent past, the Step 2 medication may be filled. If not, the pharmacist will contact your doctor to explain next steps.

We encourage you to talk about your treatment and medication options with your doctor. If you have questions about the Step Therapy program, call the phone number on your member ID card.

Step therapy medications

If you have a prescription for any of the Step 2 medications below, you are required to first try a Step 1 medication(s) for benefit coverage.

Condition	Step 1	Step 2
ANTI-INFECTIVES		
Oral Brand Tetracyclines	Any one of the following generics: doxycycline, minocycline	ADOXA, MONODOX, VIBRAMYCIN
	Both of the following generics: doxycycline AND minocycline	SEYSARA
Otic Agents	ofloxacin	CETRAXAL, ciprofloxacin
CARDIOVASCULAR		
Renin-Angiotensin System Agents	Any one of the following generics: amlodipine-benazepril, amlodipine-olmesartan, benazepril, benazepril-HCTZ, candesartan, candesartan-HCTZ, captopril, captopril-HCTZ, enalapril, enalapril-HCTZ, fosinopril, fosinopril-HCTZ, irbesartan, irbesartan-HCTZ, lisinopril, lisinopril-HCTZ, losartan, losartan-HCTZ, moexipril, moexipril-HCTZ, olmesartan-HCTZ, olmesartan-amlodipine-HCTZ, perindopril, quinapril, quinapril-HCTZ, ramipril, telmisartan, telmisartan-HCTZ, trandolapril, trandolapril-verapamil	EDARBI, EDARBYCLOR, TEKTURNAC HCT
Statins	Any one of the following generics: atorvastatin, fluvastatin, fluvastatin ER, lovastatin, pravastatin, rosuvastatin, simvastatin	ALTOPREV, EZALLOR, FLOLIPID, SIMVASTATIN SUSP, LIVALO
Fibric Acid Derivatives	Any one of the following generics: fenofibric cap, fenofibrate tab, fenofibrate micronized cap, fenofibric acid tab AND LIPOFEN	FENOGLIDE, FIBRICOR, LOFIBRA, TRIGLIDE
CENTRAL NERVOUS SYSTEM		
ADHD Agents	Any two of the following generics or preferred brands: amphetamine-dextroamphetamine IR or ER, dexamethylphenidate IR or ER, dextroamphetamine IR or SR, methylphenidate IR or ER VYVANSE	ADZENYS ER ² , ADZENYS XR ODT ² , APTENSIO XR ² , COTEMPLA XR-ODT ² , DAYTRANA ² , DESOXYN ² , DYANAVAL XR ² , JORNAY PM ² , KAPVAY, METADATE CD ² , METHYLIN ² solution, METHYLIN Chew ² , MYDAYIS ² , PROCENTRA ² , QUILLICHEW ER ² , QUILLIVANT ² , ZENZEDI ²
Anticonvulsants ³	Any one of the following generics: lamotrigine IR, levetiracetam IR or ER, oxcarbazepine IR, topiramate IR	BRIVIACT
	topiramate IR	topiramate ER

Condition	Step 1	Step 2
Antidepressants ³	bupropion ER	APLENZIN ²
	Any two of the following generics: desvenlafaxine succinate ER, duloxetine, venlafaxine, venlafaxine ER	FETZIMA ²
	Any two of the following generics: bupropion, citalopram, desvenlafaxine succinate ER, duloxetine, escitalopram, fluoxetine, mirtazapine, paroxetine, paroxetine ER, sertraline, venlafaxine, venlafaxine ER	DESVENLAFAXINE ER/KHEDEZLA ² , PAXIL suspension, TRINTELLIX ²
Antipsychotics ³	Any two of the following generics or preferred brands: aripiprazole, olanzapine, quetiapine IR or ER, risperidone SAPHRIS	FANAPT ²
	Any one of the following generics or preferred brands: aripiprazole, olanzapine, quetiapine IR or ER, risperidone SAPHRIS	VRAYLAR ²
Insomnia Agents	Any one of the following generics: eszopiclone, temazepam, zaleplon, zolpidem, zolpidem CR	BELSOMRA ²
	Any one of the following generics: zolpidem, zolpidem CR	EDLUAR ² , ZOLPIMIST ²
Migraine Agents	Any two of the following generics: almotriptan, eletriptan, frovatriptan, naratriptan, rizatriptan, sumatriptan, zolmitriptan	ZOMIG NASAL ²
Neurologic Agents	gabapentin	GRALISE ²
	Any one of the following generics: amitriptyline, cyclobenzaprine, duloxetine, gabapentin, pregabalin	LYRICA CR ² , SAVELLA ²
Non-Narcotic Analgesics	Any two of the following generics: diclofenac, diclofenac CR, diflunisal, etodolac, fenoprofen, flurbiprofen, ibuprofen, indomethacin, ketoprofen, ketorolac, meclofenamate, meloxicam, nabumetone, naproxen, oxaprozin, piroxicam, sulindac, tolmetin	INDOCIN suppository, INDOCIN suspension, TIVORBEX, VIVLODEX
Opioid Antagonists	NARCAN	EVZIO
Opioid Withdrawal	clonidine	LUCEMYRA ²
Parkinson's Disease	Any one of the following generics: pramipexole IR or ER, ropinirole IR or ER	NEUPRO
	Any one of the following generics: carbidopa-levodopa, carbidopa-levodopa CR	RYTARY
	Both of the following generics: rasagiline, selegiline	XADAGO ²

Condition	Step 1	Step 2
DERMATOLOGY		
Rosacea	Any one of the following generics or preferred brands: azelaic acid gel, FINACEA FOAM, SOOLANTRA	FINACEA GEL
Skin Cancer Agents	Any one of the following generics: fluorouracil, imiquimod	diclofenac gel 3% ² , PICATO
Topical Immuno-modulators	Any one of the following generics: alclometasone, amcinonide, betamethasone, clobetasol, clocortolone, desonide, desoximetasone, diflorasone, fluocinolone, fluocinonide, fluticasone, halobetasol, hydrocortisone, mometasone, prednicarbate, triamcinolone, pramoxine-HC, calcipotriene-betamethasone	EUCRISA
ENDOCRINOLOGY		
Diabetic Agents	Any one of the following generics: metformin, metformin ER, glipizide-metformin, glyburide-metformin, pioglitazone-metformin	ACTOPLUS MET XR, AVANDIA, CYCLOSET, METFORMIN oral solution, RIOMET
Glucagon	Any one of the following preferred brands: GLUCAGON, GVOKE, BAQSIMI	GLUCAGEN HYPOKIT
DPP4 Inhibitors	Any one of the following generics: metformin, metformin ER, glipizide-metformin, glyburide-metformin, pioglitazone-metformin	JANUMET, JANUMET XR, JANUVIA, JENTADUETO, JENTADUETO XR, TRADJENTA
GLP-1 Agonists	Any one of the following generics: metformin, metformin ER, glipizide-metformin, glyburide-metformin, pioglitazone-metformin	BYDUREON ² , BYDUREON BCISE ² , BYETTA ² , OZEMPIC ² , RYBELSUS ² , TRULICITY ² , VICTOZA ²
	Any one of the following generics: metformin, metformin ER, glipizide-metformin, glyburide-metformin, pioglitazone-metformin	SOLIQUA ² , XULTOPHY ²
SGLT2 Inhibitors	Any one of the following generics: metformin, metformin ER, glipizide-metformin, glyburide-metformin, pioglitazone-metformin OR any one of the following generics: captopril, enalapril, lisinopril, quinapril, ramipril, fosinopril, trandolapril, perindopril, candesartan, valsartan, losartan, bisoprolol, carvedilol IR, carvedilol ER, metoprolol succinate, spironolactone, eplerenone	FARXIGA
	Any one of the following generics: metformin, metformin ER, glipizide-metformin, glyburide-metformin, pioglitazone-metformin	GLYXAMBI, JARDIANCE, SYNJARDY, SYNJARDY XR, TRIJARDY XR, XIGDUO XR

Condition	Step 1	Step 2
GASTROENTEROLOGY		
Constipation Agents	Any one of the following generics: lactulose, polyethylene glycol	LINZESS ² , SYMPROIC ²
	Any one of the following generics: lactulose, polyethylene glycol AND LINZESS ¹	MOTEGRITY ²
Proton Pump Inhibitors	Any two of the following generics or preferred brands: esomeprazole, omeprazole, lansoprazole, pantoprazole, rabeprazole DEXILANT	ESOMEPRAZOLE STRONTIUM ² , FIRST-LANSOPRAZOLE, FIRST- OMEPRAZOLE, PRILOSEC ²
HORMONE MODIFIERS		
Thyroid Replacement	levothyroxine	ARMOUR THYROID, NATURE- THROID
MISCELLANEOUS		
	allopurinol	DUZALLO, ULORIC, ZURAMPIC
OBSTETRICS AND GYNECOLOGY		
Hormone Replacement	estradiol patch	ALORA, MENOSTAR, MINIVELLE
	Any one of the following preferred brands: IMVEXXY, OSPHENA, PREMARIN VAGINAL CREAM	FEMRING
	Any two of the following preferred brands: IMVEXXY, OSPHENA, PREMARIN VAGINAL CREAM	INTRAROSA
ONCOLOGY		
Chemotherapy Rescue Agents	levoleucovorin	KHAPZORY
OPHTHALMOLOGY		
Antiglaucoma Agents	All of the following generics and preferred brands: latanoprost, travoprost, LUMIGAN	XELPROS ²
Ophthalmic Antihistamines	Both of the following generics: azelastine AND olopatadine	BEPREVE, LASTACFT, ZERVIAE
RESPIRATORY		
Epinephrine Auto Injectors	Generic epinephrine	EPIPEN
Leukotriene Modifiers	Any one of the following generics: montelukast, zafirlukast	zileuton ER, ZYFLO, ZYFLO CR
Long-Acting Bronchodilators	Any two of the following generics or preferred brands: fluticasone- salmeterol ADVAIR, BREO ELLIPTA, SEREVENT, SYMBICORT	ARCAPTA ²
UROLOGY		
BPH Agents	Any two of the following generics: alfuzosin, doxazosin, silodosin, tamsulosin, terazosin	CARDURA XL
Overactive Bladder Agents	Any one of the following generics: oxybutynin IR or ER, tolterodine IR, trospium IR	GELNIQUE, OXYTROL ²

Step therapy requirements are effective as of January 1, 2021. The list of step therapy medications is subject to change without notice. Step therapy requirements may vary by benefit plan. Additional clinical programs for the medications above may affect your prescription drug coverage. These programs may include quantity limits and prior authorization.

¹ These agents are also subject to additional step requirements as indicated in table.

² Quantity limits may also apply. Please refer to the Premium Quantity Limits document.

³ Applies to new starts only



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